



Asia Junior High Performance Camp

31 July – 1 August 2026

Venue: Mahidol University

999 Phutthamonthon Sai 4 Road, Salaya, Nakhon Pathom 73170, Thailand

Course Fee: USD 200 per participant

Age: 10 – 18 years old

The **Asia Junior High Performance Pickleball Camp** is an intensive 2-day training program designed for competitive junior athletes aiming to elevate their game to tournament level.

This high-performance camp focuses on developing advanced technical skills, tactical awareness, and match-play performance within a structured and professional training environment.

Participants will train across key performance areas, including:

- Dinking consistency
- Transition play
- Attacking strategies
- Serve-and-return efficiency

Through a combination of targeted drills, situational play, and coached match sessions, athletes will learn how to construct points effectively, make better decisions under pressure, and compete with greater confidence.

The program also integrates:

- **Physical movement training** to enhance agility and court coverage
- **Mental performance sessions** to build focus, resilience, and competitive mindset

Approximately **25% of the camp** will be conducted through classroom-based learning, where players will gain deeper insights into:

- Game strategy
- Match analysis
- Performance psychology

The camp will conclude with a **tournament simulation**, providing players the opportunity to apply their skills in real competitive scenarios.

This program is ideal for junior players seeking to improve their competitive results, enhance on-court intelligence, and prepare for higher-level regional and international tournaments.